

Chris Steinbach's Blueprint for Success, February 2015

My Vision Statement	Every day, I will strive to make my life better physically, emotionally, financially and spiritually, thereby enabling me to help improve the lives of those around me, making the world better one person at a time.
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My Rule of 5 (The 5 things I need to do every day to live my plan.)	Daily Questions
Read for pleasure and write or do something else creative.	What did I do yesterday to move me toward my vision?
Exercise, spend at least five minutes in meditation, eat as few processed foods as possible and only eat fruits and vegetables in between meals.	What did I learn?
Put down my iPhone and really spend some quality time with those who are most important to me.	What will I do today to move me toward my vision?
Follow my budget.	For what am I grateful?
Take a chance – try something new.	